

CASCADE SURGICAL PARTNERS

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BOWEL PREP FOR COLON SURGERY

NOTIFY YOUR PHYSICIAN IF YOU ARE TAKING INSULIN OR ORAL DIABETIC MEDICATION

SOFT DIET 2-3 DAYS BEFORE AND NO FRESH FRUIT OR VEGETABLES

ON THE DAY BEFORE SURGERY:

DRINK ONLY CLEAR LIQUIDS ALL DAY. NO SOLID FOODS, & NO MILK PRODUCTS *Clear liquids include: water, clear juices (apple, white grape), bouillon, jello, coffee, tea, soft drinks, popsicles, and sport drinks. Please avoid liquids containing red dye.

DO ONE OF THE FOLLOWING AS INDICATED:

() Half-Lytely:

Take the bisacodyl tablets at 8:00a.m. Mix the Half-Lytely solution according to instructions on container. Begin drinking the Half-Lytely no later than 11:00 a.m. You should finish it by 4:00-5:00 p.m.

() Fleet Phospho-soda:

Purchase two 1.5-oz bottles of Fleet Phospho-soda, or one 3-oz bottle and divide it. At approximately 12:00 noon, mix 1.5 oz with at least 4 oz of cold clear liquid and drink. Follow with an 8-oz glass of clear water. Repeat this step at approximately 2:00.

TAKE THE FOLLOWING ANTIBIOTICS AS INDICATED:

() NEOMYCIN-take one by mouth at: _____

() ERYTHROMYCIN-take one by mouth at: _____

() FLAGYL-take one by mouth at: _____

*IT IS IMPORTANT TO MAINTAIN YOUR BODILY FLUIDS BY DRINKING WATER AND OTHER CLEAR LIQUIDS OFTEN THROUGHOUT THE DAY TO PREVENT DEHYDRATION.

NOTHING BY MOUTH AFTER MIDNIGHT exception: please take essential morning medications (such as heart or blood pressure meds) with a small sip of water if instructed to do so by your physician.